

# Rudolph's Energy Ball-balls

Create a reindeer feeder out of wild bird seed



## Here's what you'll need!

### Shopping list for your local garden centre:

- Wild bird seed (to help them fly)
- Dried mealworms (a favourite treat)
- Suet (vegetarian/vegan options available)
- Dried berries (to make their noses shine bright)
- Peanuts (to give them energy)
- String

## Instructions:

1. Find somewhere to hang your reindeer food from. For example, a tree, or a windowsill...
2. In a bowl, mix the bird seed, mealworms and peanuts together.
3. Put 1 cup of suet and 2 cups of the seed into a bowl and mix.
4. Put the mixture into a saucepan and heat until the suet has melted (medium heat), stirring the mixture continuously.
5. Leave to cool for a couple of minutes.
6. Cut each bit of string to 30cm long and tie one end into a tight knot 3 times.
7. Take a handful of the mixture from the bowl, place the knotted end of the string into the middle of the mixture, and create a ball around the string using your hands.
8. Stick the dried berries around the ball-balls to attract the reindeers, and when eaten, it will make their noses shine even brighter!
9. Place the ball-balls in the fridge and leave to cool overnight.
10. Once the mixture has cooled/set, hang the ball-balls up for the reindeers to eat, and it's great for the birds too!



Visit your **local garden centre** to get started.  
Show us your creation! Use **#NCGW** on social media.