National Children's Gardening Week

Flower Pressing





Here's what you'll need!

- Plenty of time, this will take 2-4 weeks
- Colourful flowers
- A heavy block such as a house brick
- A book with plain white pages

Instructions:

- 1. First, you must dry out your flowers, this also takes time so be sure to pick your flowers in advance
- 2. Simply then align your flowers on the page however you would like them to look, a fun design to do would be to sketch a plant pot and make it look like the flowers are in it
- 3. Carefully close your book and place the heavy weight on top, then leave in a dry corner of your house or shed
- 4. Wait 2 to 4 weeks for the flowers to completely flatten







Visit your **local garden centre** to get started. Show us your creation! Use **#NCGW** on social media.